Author's Bio

Mark Vogel is a clinical psychologist, professionally trained chef, and food, wine, & fiction author. His books include CRESTWOOD LAKE I and II, a horror series about witchcraft in Vermont, THE RIPPER'S TIME, a historical fiction novel about Jack the Ripper, and FOOD FOR THOUGHT, a 600-page compendium of food techniques, science, & history, with over 250 recipes.